

Photo 2-3-19



Photo 2-3-20

2) Transferring a patient in a sitting position (in a flat area)

- (1) Two people, one at each side of the sub-stretcher, hold the base-board and the frame beside the patient's chest. Another person beside the patient's head holds the grip of the sub-stretcher Extend the stretcher by pulling out the stretcher towards the rear.
- (2) The person beside the patient's head securely holds the grip and pushes the sub-stretcher along on its wheels.

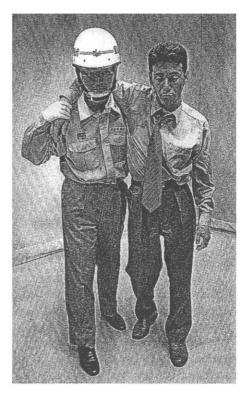


Photo 2-3-21

3) Going up staircases

- (1) Before going up stairs or a slope, turn the sub-stretcher around 180 degrees so that the patient's back faces the staircase or slope.
- (2) Two people, one at each side of the sub-stretcher, hold the frame beside the patient's chest. Another person beside the patient's head confirms that the two people are securely holding the sub-stretcher, and then turns around so their back faces the sub-stretcher, and holds the grip of sub-stretcher with their hands behind them. (Photo 2-3-19)
- (3) Two people, one located at each side of the sub-stretcher, lift and transfer the sub-stretcher while holding the end of the stretcher near the patient's legs as well as the side frame near the patient's chest.

4) Going down staircases

When going down a staircase (unlike when going up) the person beside the patient's head faces, rather than turning their back to, the sub-stretcher. (Photo 2-3-20)

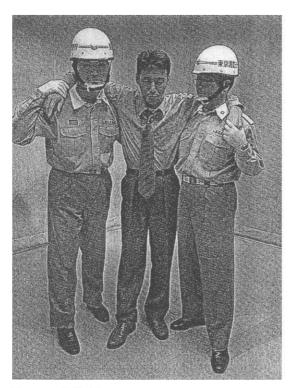


Photo 2-3-22

II. Manual Transfer

1. Transfer by supporting

1) Manual transfer by a single person

- Lift the patient from behind by inserting your hands under both of the patient's armpits.
- (2) To lift the patient, hold their hand, put their arm around the back of your neck, put your arm around their waist like a belt, and then stand up together with the patient.
- (3) While walking, support the patient so they do not need to put weight on their injured leg. (Photo 2-3-21)

2) Manual transfer by two people

Transfer the patient following the same method as used in the transfer by a single person. (Photo 2-3-22)

2. Manual transfer by lifting

1) Lifting by two people

(1) Two people should crouch at the same side of the patient next to their chest and waist, respectively, with the person, whose leg is next to the patient's head, keeping it straight.

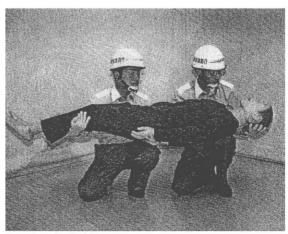


Photo 2-3-23

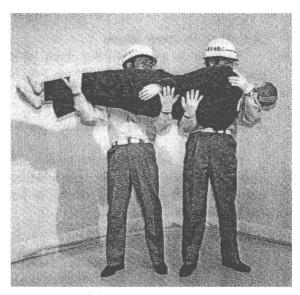


Photo 2-3-24

The person nearest the patient's head then puts an arm around the patient's neck to grasp the patient's shoulder – this arm support the patient's head. This person then holds the patient's back with his other hand.

The other person (next to the patient's legs) holds the patient by placing one arm around the patient's waist and his other arm around patient's lower leg.

- (2) Two persons lifting a patient and putting them on their thighs. (Photo 2-3-23)
- (3) Two persons standing up together while holding the patient (Photo 2-3-24)