## CLINICAL







## Table 4. Advantages and disadvantages of triage calls

### **Advantages**

To patient:

A phone call begins personal care More convenient, less waiting To GPs:

Better access to A&E Queries answered

Better response for individual patient **To community:** 

More efficient patient-oriented service Better public perception of what they can do for themselves and how we can help them

To hospital: Financial savings

More efficient service

Less workload More control More satisfaction, less aggravation

### Disadvantages

Triage nurse can be heavily committed Can be stressful if there is: a) poor nurse staffing levels b) poor medical support Shift in attitudes required

times the patient) will telephone and make an appointment through the triage nurse for definitive care to be carried out at the patient's (and our) convenience, without the necessity for any preliminary visit. Parents frequently ring us regarding their children and, for example, we can tell the mother of a child who has swallowed contraceptive pills that the only person at risk is the mother herself. We may say to a patient phoning us, 'Yes, we do need to see you, but we are extremely busy, so perhaps it would be best if you were to come in at a more convenient time. Please phone again before you set off.' We are beginning to feel more confident about telling inappropriate attenders that they should not be here and telling patients how well (or badly) they have handled a situation before arrival in A&E.

We receive about 20 telephone calls a

Left: Sister Ethel Buckles, Dr Mark Doyle (right) and staff nurse John Seddon discuss a patient Bottom left: Sister Gilchrist with patient in A&E waiting room Bottom right: Sister Roughley with sister Buckles at the triage desk

day and invite about twothirds of these patients in for treatment. New attendances are down by 2% for the first time this year, and 5% are being redirected elsewhere.

Extended triage can be hard work but, after examining the advantages and disadvantages, we believe that our campaign is paying dividends (see Table 4).

The introduction of extended triage was straightforward but it has been hard to maintain at times. The triage nurse can be under considerable pressure when the department is busy and it is essential that she receives assistance when necessary. The documentation takes time, including all patients treated by the nurse, and we will benefit enormously from the computerised patient information system which we hope to introduce early next year. When the A&E is under the greatest pressure

the extended skills of the experienced triage nurse become most evident.

As long ago as 1869, a letter appeared in the *Lancet* protesting about the abuse of accident and emergency departments<sup>2</sup>. We believe that extended triage will do much to limit this abuse and allow us to provide a better service for patients whom we are appropriately equipped and staffed to treat, and to offer a positive alternative to others.

### REFERENCES

Wood, T.C.A., Cliff, K.S. Accident and emergency departments — why people attend with minor injuries and ailments. *Public Health* 1986; 100: 15–20.

<sup>2</sup>Lancet investigation into the administration of the out-patient department of the London hospitals. *Lancet* 1869; 553.

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# HANDBOOK 1990-91

PAUL TURNER, GLYN VOLANS and HEATHER WISEMAN



This new edition of the DRUGS HANDBOOK provides nurses with up to date information on drugs currently available in the United Kingdom.

Although prescribing of medicines is the responsibility of a doctor, the drugs which medicines contain may influence patients in many ways. It is important that others involved in a patient's health care should have ready access to information on the various medicines prescribed or bought over the counter.

All drugs are listed under their brand names and under their generic names. In each case the Handbook explains

- mechanism of action
- therapeutic indications
- main unwanted effects

What's more, it flags drugs that have recently been discontinued, but which the nurse may still come across in the course of his/her work.

This revised edition contains new products introduced during the last year and has been fully revised to take account of withdrawals and revisions.

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