### OPERATIONAL GUIDELINES

# FOR HEALTH AND NUTRITION PROGRAMMES

# IN REFUGEE SETTINGS

This document has been prepared in collaboration with:

- The Center for Disease Control, Atlanta
- Save The Children Fund, London
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- Refugee Health Group, London School of Hygiene and Tropical Medicine, London
- Population and Family Health Division, School of Public Health, UCLA, Los Angeles
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### Purpose of Publication and Guidelines for Use

### **Purpose**

The purpose of this publication is to serve as a useful resource for those involved in the general management of refugee health and nutrition services. It aims to address the key aspects of refugee health; specifically, the effective use of information in refugee settings, and the organization and management of refugee health and nutrition programmes.

To complement the publication, these guidelines are also accompanied by a selected collection of technical references, as listed in Appendix A.

Together, this publication and accompanying references are intended to provide helpful guidelines so that health and nutrition programmes can be more effectively managed in refugee settings.

### Guidelines for Use

This publication is divided into four sections.

#### - Part A

# The Management of Refugee Health Programmes: Key Principles

This section introduces the key principles which shape refugee health programmes:

- o disease patterns in refugee populations
- o adequate coverage as the main objective for health activities

### - Part B -

# Priorities for Programme Organization and Management

This section addresses the main priorities which underly the effective organization and management of health and nutrition activities, particularly:

- o effective organization of services
- o appropriate use of information
- o refugee involvement
- o systematic programme planning and management

# - Part C -

# Essential Programmes in Refugee Health

Part C addresses the specific health and nutrition programmes which are essential in refugee settings.

### These include:

- o Health Screening of New Arrivals o Health Surveillance and Surveys
- o Community Health Workers o Refugee Training
- o Nutrition Programmes o Immunization Activities
- o Mother and Child Health Services o Curative Care and In-patient Services
- o Communicable Disease Control o Vector Control

List of Annexes and Reference Documents